



The United States government touches our lives in so many ways. It insures loans for college students and for first-time homebuyers. It provides Social Security and veterans' benefits. It helps people realize a dream and start a small business.

One of my jobs is to make sure the federal government is working for you. **The links below should help you take advantage of many federal services.**

If you need additional information about a program or help working with a federal agency, please do not hesitate to

[contact my St. Paul or Washington office](#)

[Important Information on Passport Application Delays](#)

- Information on [Grants](#)
- Help with [Federal Agencies and Casework](#)
- Resources for [Veterans](#)
- Apply for [Nomination to a Service Academy](#)
- Order a [U.S. Flag to be flown over the Capitol](#)
- Tourist information for [visiting Washington, D.C.](#)
- Take a "virtual tour" of the [United States Capitol Building](#)
- Apply for an [internship with Rep. McCollum's office](#)
- View Betty's Constituent Services Guide in [English](#) , [Spanish](#) , [Hmong](#) , [Somali](#) , [Russian](#)

Note: *The rules of Congressional Courtesy require that individuals residing outside of the 4th Congressional District be referred to the Member of Congress who represents them. To verify your congressional district, search the Member of Congress directory by ZIP code at <http://www.house.gov>*